Your Benefit Summary
Option Advantage

<table>
<thead>
<tr>
<th>Copay</th>
<th>What You Pay In-Network</th>
<th>What You Pay Out-of-Network</th>
<th>Calendar Year In-Network Out-of-Pocket Maximum</th>
<th>Calendar Year Out-of-Network Out-of-Pocket Maximum</th>
<th>Calendar Year In-Network Deductible</th>
<th>Calendar Year Out-of-Network Deductible</th>
</tr>
</thead>
<tbody>
<tr>
<td>$35/$45</td>
<td>20% coinsurance (after deductible)</td>
<td>40% coinsurance (after deductible; UCR applies)</td>
<td>$6,350 per person $12,700 per family (2 or more)</td>
<td>$12,700 per person $25,400 per family (2 or more)</td>
<td>$5,000 per person $10,000 per family (2 or more)</td>
<td>$10,000 per person $20,000 per family (2 or more)</td>
</tr>
</tbody>
</table>

**Important information about your plan**
This summary provides only highlights of your benefits. To view your plan details, register and log in at [www.myProvidence.com](http://www.myProvidence.com).

- Your deductible(s) are included in the out-of-pocket maximum amount(s) listed above.
- In-network and out-of-network services accumulate separately.
- Some services and penalties do not apply to out-of-pocket maximums.
- Prior authorization is required for some services.
- To get the most out of your benefits, use the providers within the Providence Signature network. View a list of network providers and pharmacies at [www.ProvidenceHealthPlan.com/providerdirectory](http://www.ProvidenceHealthPlan.com/providerdirectory).
- If you choose to go outside the network, you may be subject to billing for charges that are above Usual, Customary and Reasonable charges (UCR). Benefits for out-of-network services are based on these UCR charges.
- Limitations and exclusions apply to your benefits. See your Member Handbook for details.

**Option Advantage Benefit Highlights**

<table>
<thead>
<tr>
<th>On-Demand Provider Visits</th>
<th>After you pay your calendar year deductible(s), you then pay the following for covered services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virtual visits to a Primary Care Provider by phone &amp; video (ExpressCare Virtual) or by Web-direct Visits</td>
<td>In-Network Copay or Coinsurance (after deductible, when you see an in-network provider)</td>
</tr>
<tr>
<td>Providence ExpressCare Retail Health Clinic</td>
<td>Out-of-Network Copay or Coinsurance (after deductible, when you see a non-network provider)</td>
</tr>
<tr>
<td>Virtual visits to a Specialist by phone &amp; video</td>
<td>Covered in full✓ Not covered</td>
</tr>
</tbody>
</table>

**Preventive Care**
- Periodic health exams and well-baby care
- Colonoscopy (age 50+)
- Routine immunizations; shots
- Gynecological exams (calendar year) and Pap tests
- Mammograms
- Tobacco cessation, counseling/classes and deterrent medications

<table>
<thead>
<tr>
<th>Physician / Provider Services</th>
<th>In-Network Copay or Coinsurance (after deductible, when you see an in-network provider)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office visits to Primary Care Provider</td>
<td>$35 / visit✓ 40%</td>
</tr>
<tr>
<td>Office visits to Alternative Care Provider (Chiropractic manipulation &amp; acupuncture services are covered only if a separate benefit has been purchased by your employer. Consult your member materials for these benefits.)</td>
<td>$35 / visit✓ 40%</td>
</tr>
<tr>
<td>Office visits to Specialists/Other Providers</td>
<td>$45 / visit✓ 40%</td>
</tr>
<tr>
<td>Allergy shots and serums</td>
<td>20%✓ 40%</td>
</tr>
<tr>
<td>Infusions and injectable medications</td>
<td>20% 40%</td>
</tr>
<tr>
<td>Surgery; anesthesia in an office or facility</td>
<td>20% 40%</td>
</tr>
<tr>
<td>Inpatient hospital visits</td>
<td>20% 40%</td>
</tr>
</tbody>
</table>

**Diagnostic Services**
- X-ray and lab services
- Imaging services (such as PET, CT, MRI)
- Sleep studies

<table>
<thead>
<tr>
<th>Emergency and Urgent Services</th>
<th>In-Network Copay or Coinsurance (after deductible, when you see an in-network provider)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency services (For emergency medical conditions only. If admitted to hospital, copayment is not applied; all services subject to inpatient benefits.)</td>
<td>$250</td>
</tr>
<tr>
<td>Urgent care services (for non-life threatening illness/minor injury)</td>
<td>$45 / visit✓ 40%</td>
</tr>
<tr>
<td>Emergency medical transportation (air and/or ground) (Emergency medical transportation is covered under your in-network benefit, regardless of whether or not the provider is an in-network provider)</td>
<td>20% 20%</td>
</tr>
</tbody>
</table>

No deductible needs to be met prior to receiving this benefit.

 strokes, heart conditions, and diabetes management.

- Preventive care services, including routine physicals and vaccinations, are covered.

- Prescription medications for chronic conditions are covered.

- Mental health and substance use disorder treatments, including therapy, are covered.

- Preventive services, such as mammograms and cancer screening, are covered.

- Well-child check-ups for children are covered.

- Routine immunizations, including childhood vaccines, are covered.

- Preventive dental care services, such as cleanings and exams, are covered.

- Preventive vision care services, including eye exams and glasses, are covered.

- Tobacco cessation programs and QuitSmoking.com services are covered.

- Cancer screening services, including mammograms and colonoscopies, are covered.

- Preventive care services, including annual physicals and screenings, are covered.

- Preventive dental care services, including cleanings and sealants, are covered.

- Preventive vision care services, including eye exams and contact lenses, are covered.

- Tobacco cessation programs, including counseling and medications, are covered.

- Cancer screening services, including Pap tests and mammograms, are covered.

- Preventive health services, including annual physicals and screenings, are covered.

- Preventive dental care services, including cleanings and sealants, are covered.

- Preventive vision care services, including eye exams and contact lenses, are covered.

- Tobacco cessation programs, including counseling and medications, are covered.

- Cancer screening services, including Pap tests and mammograms, are covered.

- Preventive health services, including annual physicals and screenings, are covered.
### Hospital Services

<table>
<thead>
<tr>
<th>Service</th>
<th>In-Network Copay or Coinsurance</th>
<th>Out-of-Network Copay or Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient/Observation care</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Rehabilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Habilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Skilled nursing facility (Limited to 60 days per calendar year)</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Temporomandibular joint (TMJ) services</td>
<td>50%</td>
<td>Not covered</td>
</tr>
</tbody>
</table>

### Outpatient Services

<table>
<thead>
<tr>
<th>Service</th>
<th>In-Network Copay or Coinsurance</th>
<th>Out-of-Network Copay or Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient surgery, infusion, dialysis, chemotherapy, radiation therapy (Prior authorization required for outpatient hospital-based infusions)</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Temporomandibular joint (TMJ) service</td>
<td>50%</td>
<td>Not covered</td>
</tr>
<tr>
<td>Colonoscopy (non-preventive)</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Outpatient rehabilitative physical therapy</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Outpatient rehabilitative occupational and speech therapy</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Outpatient habilitative services: physical, occupational or speech therapy (Limited to 30 visits per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>20%</td>
<td>40%</td>
</tr>
</tbody>
</table>

### Maternity Services

<table>
<thead>
<tr>
<th>Service</th>
<th>In-Network Copay or Coinsurance</th>
<th>Out-of-Network Copay or Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prenatal office visits</td>
<td>Covered in full</td>
<td>40%</td>
</tr>
<tr>
<td>Delivery and postnatal services</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Inpatient hospital/facility services</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Routine newborn nursery care</td>
<td>20%</td>
<td>40%</td>
</tr>
</tbody>
</table>

### Medical Equipment, Supplies and Devices

<table>
<thead>
<tr>
<th>Service</th>
<th>In-Network Copay or Coinsurance</th>
<th>Out-of-Network Copay or Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical equipment, appliances and supplies</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Diabetes supplies (such as lancets, test strips and needles)</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Prosthetic and orthotic devices (removable custom shoe orthotics are limited to $200 per calendar year, deductible waived)</td>
<td>20%</td>
<td>40%</td>
</tr>
</tbody>
</table>

### Mental Health / Chemical Dependency

(All services, except outpatient provider office visits, must be prior authorized. For information, please call 800-711-4577.)

<table>
<thead>
<tr>
<th>Service</th>
<th>In-Network Copay or Coinsurance</th>
<th>Out-of-Network Copay or Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient and residential services</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Day treatment, intensive outpatient and partial hospitalization services</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Applied behavior analysis</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Outpatient provider office visits</td>
<td>$35 / visit</td>
<td>40%</td>
</tr>
</tbody>
</table>

### Home Health and Hospice

<table>
<thead>
<tr>
<th>Service</th>
<th>In-Network Copay or Coinsurance</th>
<th>Out-of-Network Copay or Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home health care</td>
<td>20%</td>
<td>40%</td>
</tr>
<tr>
<td>Hospice care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
</tbody>
</table>
Your guide to the words or phrases used to explain your benefits

**Coinsurance**
The percentage of the cost that you may need to pay for a covered service.

**Deductible**
The dollar amount an individual or family pays for covered services before your plan pays any benefits within a calendar year. Your plan has both in-network and an out-of-network deductibles. These deductibles accumulate separately and are not combined. The following expenses do not apply to an individual or family deductible:
- Services not covered by your plan.
- Fees that exceed usual, customary and reasonable (UCR) charges as established by your plan.
- Penalties incurred if you do not follow your plan’s prior authorization requirements.
- Copays and coinsurance for services that do not apply to the deductible.

**Copay**
The fixed dollar amount you pay to a health care provider for a covered service at the time care is provided.

**Formulary**
A formulary is a list of FDA-approved prescription drugs developed by physicians and pharmacists, designed to offer drug treatment choices for covered medical conditions. The Providence Health Plan formulary includes both brand-name and generic medications.

**In-Network**
Refers to services received from an extensive network of highly qualified physicians, health care providers and facilities contracted by Providence Health Plan for your specific plan. Generally, your out-of-pocket costs will be less when you receive covered services from in-network providers.

**Limitations and Exclusions**
All covered services are subject to the limitations and exclusions specified for your plan. Refer to your Member Handbook or contract for a complete list.

**Out-of-network**
Refers to services you receive from providers not in your plan’s network. Your out-of-pocket costs are generally higher when you receive covered services outside of your plan’s network. An out-of-network provider does not have contracted rates with Providence Health Plan and so balance billing may apply. To find an in-network provider, go to www.ProvidenceHealthPlan.com/providerdirectory

**Out-of-Pocket Maximum**
The limit on the dollar amount that an individual or family pays for specified covered services in a plan year. This plan has both in-network and out-of-network out-of-pocket maximums. These out-of-pocket maximums accumulate separately and are not combined. Some services and expenses do not apply to the individual or family out-of-pocket maximum. See your member handbook for details.

**Primary Care Provider**
A qualified physician or practitioner that can provide most of your care and, when necessary, will coordinate care with other providers in a convenient and cost-effective manner.

**Prior authorization**
Some services must be pre-approved. In-network, your provider will request prior authorization. Out-of-network, you are responsible for obtaining prior authorization.

**Retail Health Clinic**
A walk-in health clinic, other than an office, urgent care facility, pharmacy or independent clinic that is located within a retail operation. A Retail Health Clinic provides same-day visits for basic illness and injuries or preventive services.

**Usual, Customary & Reasonable (UCR)**
Describes your plan’s allowed charges for services that you receive from an out-of-network provider. When the cost of out-of-network services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your out-of-pocket maximums.

**Virtual visit**
Visit with a Network Provider using secure internet technology such as Providence Express Care phone and video visits or Web-direct Visits.

**Web-direct Visit**
A consultation with Network Provider using an online questionnaire to collect information to diagnose and treat common conditions such as cold, flu, sore throat, allergies, earaches, sinus pain or UTI.

Contact us
Headquartered in Portland, our customer service professionals have been proudly serving our members since 1986.

Portland Metro Area: 503-574-7500
All other areas: 800-878-4445
TTY: 711

Have questions about your benefits and want to contact us via email? Go to our website at:
www.ProvidenceHealthPlan.com/contactus