# Your Benefit Summary

## Option Advantage A

<table>
<thead>
<tr>
<th>Copay</th>
<th>What You Pay In-Network</th>
<th>What You Pay Out-of-Network</th>
<th>Calendar Year Common Out-of-Pocket Maximum</th>
<th>Calendar Year Common Deducible</th>
</tr>
</thead>
<tbody>
<tr>
<td>$25/$35</td>
<td>20% coinsurance (after deductible)</td>
<td>40% coinsurance (after deductible; UCR applies)</td>
<td>$5,000 per person ($10,000 per family (2 or more))</td>
<td>$5,000 per person ($10,000 per family (2 or more))</td>
</tr>
</tbody>
</table>

## Important information about your plan

This summary provides only highlights of your benefits. To view your plan details, register and log in at [www.myProvidence.com](http://www.myProvidence.com).

- Your deductible(s) are included in the out-of-pocket maximum amount(s) listed above.
- In-network and out-of-network services accumulate toward your common out-of-pocket maximum.
- Some services and penalties do not apply to out-of-pocket maximums.
- Prior authorization is required for some services.
- To get the most out of your benefits, use the providers within the Providence Signature network. View a list of network providers and pharmacies at [www.ProvidenceHealthPlan.com/providerdirectory](http://www.ProvidenceHealthPlan.com/providerdirectory).
- If you choose to go outside the network, you may be subject to billing for charges that are above Usual, Customary and Reasonable charges (UCR). Benefits for out-of-network services are based on these UCR charges.
- Limitations and exclusions apply to your benefits. See your Member Handbook for details.

## Option Advantage Benefit Highlights

<table>
<thead>
<tr>
<th>In-Network Copay or Coinsurance (after deductible, when you see an in-network provider)</th>
<th>Out-of-Network Copay or Coinsurance (after deductible, when you see a non-network provider)</th>
</tr>
</thead>
</table>
| **On-Demand Provider Visits**
- Virtual visits to a Primary Care Provider by phone & video (ExpressCare Virtual) or by Web-direct Visits
- Providence ExpressCare Retail Health Clinic
- Virtual visits to a Specialist by phone & video | Covered in full✓
- Not covered |
| **Preventive Care**
- Periodic health exams and well-baby care
- Colonoscopy (age 50+)
- Routine immunizations; shots
- Gynecological exams (calendar year) and Pap tests
- Mammograms
- Tobacco cessation, counseling/classes and deterrent medications | Covered in full✓
- 40%✓
- Covered in full✓
- Covered in full✓
- Covered in full✓
- Covered in full✓
- Not covered |
| **Physician / Provider Services**
- Office visits to Primary Care Provider
- Office visits to Alternative Care Provider (Chiropractic manipulation & acupuncture services are covered only if a separate benefit has been purchased by your employer. Consult your member materials for these benefits.)
- Office visits to Specialists/Other Providers
- Allergy shots and serums
- Infusions and injectable medications
- Surgery; anesthesia in an office or facility
- Inpatient hospital visits | $25 / visit✓
- 40%✓
- $35 / visit✓
- 40%✓
- Covered in full
- Covered in full
- Covered in full
- Covered in full
- Covered in full |
| **Diagnostic Services**
- X-ray and lab services (Covered in full for the first $500 of in-network services including sleep studies in a calendar year, then deductible and coinsurance.)
- Imaging services (such as PET, CT, MRI) | Covered in full
- Covered in full |
| **Emergency and Urgent Services**
- Emergency services (For emergency medical conditions only. If admitted to hospital, copayment is not applied; all services subject to inpatient benefits.)
- Urgent care services (for non-life threatening illness/minor injury)
- Emergency medical transportation (air and/or ground) (Emergency medical transportation is covered under your in-network benefit, regardless of whether or not the provider is an in-network provider) | Covered in full
- Covered in full
- $35 / visit✓
- Covered in full
- Covered in full
- Covered in full
- Covered in full

✓ No deductible needs to be met prior to receiving this benefit.

After you pay your calendar year common deductible, then you pay the following for covered services:

- Copay or coinsurance is applied until your out-of-pocket maximum is reached.
- Explanations of benefits for covered services and charges are available at [www.ProvidenceHealthPlan.com](http://www.ProvidenceHealthPlan.com).
<table>
<thead>
<tr>
<th>Hospital Services</th>
<th>In-Network Copay or Coinsurance</th>
<th>Out-of-Network Copay or Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient/Observation care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Rehabilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Habilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Skilled nursing facility (Limited to 60 days per calendar year)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Temporomandibular joint (TMJ) services (inpatient and/or outpatient services combined limit of $1,000 per calendar year/$5,000 per lifetime)</td>
<td>Covered in full</td>
<td>Not covered</td>
</tr>
<tr>
<td>Outpatient Services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Outpatient surgery, infusion, dialysis, chemotherapy, radiation therapy (Prior authorization required for outpatient hospital-based infusions)</td>
<td>Covered in full</td>
<td>Not covered</td>
</tr>
<tr>
<td>Temporomandibular joint (TMJ) service (Inpatient and/or outpatient services combined limit of $1,000 per calendar year/$5,000 per lifetime)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Colonoscopy (non-preventive)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Outpatient rehabilitative physical therapy (Limited to 30 visits combined with OT and ST per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Outpatient rehabilitative occupational and speech therapy (Limited to 30 visits combined with PT per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Outpatient habilitative services: physical, occupational or speech therapy (Limited to 30 visits per calendar year. Limits do not apply to Mental Health Services.)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Maternity Services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Prenatal office visits</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Delivery and postnatal services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Inpatient hospital/facility services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Routine newborn nursery care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Medical Equipment, Supplies and Devices</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Medical equipment, appliances and supplies</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Diabetes supplies (such as lancets, test strips and needles)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Prosthetic and orthotic devices (removable custom shoe orthotics are limited to $200 per calendar year, deductible waived)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Mental Health / Chemical Dependency</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>(All services, except outpatient provider office visits, must be prior authorized. For information, please call 800-711-4577.)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Inpatient and residential services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Day treatment, intensive outpatient and partial hospitalization services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Applied behavior analysis</td>
<td>$25 / visit</td>
<td>40%</td>
</tr>
<tr>
<td>Outpatient provider office visits</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home Health and Hospice</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Home health care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Hospice care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
</tbody>
</table>
Your guide to the words or phrases used to explain your benefits

Coinsurance
The percentage of the cost that you may need to pay for a covered service.

Common deductible
- Copays and coinsurance for services that do not apply to the deductible
  The dollar amount that an individual or family pays for covered services before your plan pays any benefits within a calendar year. The deductible can be met by using in-plan or out-of-plan providers, or the combination of both. The following expenses do not apply to an individual or family deductible:
  - Services not covered by your plan
  - Fees that exceed usual, customary and reasonable (UCR) charges as established by your plan
  - Penalties incurred if you do not follow your plan’s prior authorization requirements

Common out-of-pocket maximum
The limit on the dollar amount you will have to spend for specified covered health services (a combination of both in- and out-of-plan services) in a calendar year. Some services and expenses do not apply to the common out-of-pocket maximum. See your Member Handbook for details.

Copay
The fixed dollar amount you pay to a health care provider for a covered service at the time care is provided.

Formulary
A formulary is a list of FDA-approved prescription drugs developed by physicians and pharmacists, designed to offer drug treatment choices for covered medical conditions. The Providence Health Plan formulary includes both brand-name and generic medications.

In-Network
Refers to services received from an extensive network of highly qualified physicians, health care providers and facilities contracted by Providence Health Plan for your specific plan. Generally, your out-of-pocket costs will be less when you receive covered services from in-network providers.

Limitations and Exclusions
All covered services are subject to the limitations and exclusions specified for your plan. Refer to your Member Handbook or contract for a complete list.

Out-of-network
Refers to services you receive from providers not in your plan’s network. Your out-of-pocket costs are generally higher when you receive covered services outside of your plan’s network. An out-of-network provider does not have contracted rates with Providence Health Plan and so balance billing may apply. To find an in-network provider, go to www.ProvidenceHealthPlan.com/providerdirectory

Primary Care Provider
A qualified physician or practitioner that can provide most of your care and, when necessary, will coordinate care with other providers in a convenient and cost-effective manner.

Prior authorization
Some services must be pre-approved. In-network, your provider will request prior authorization. Out-of-network, you are responsible for obtaining prior authorization.

Retail Health Clinic
A walk-in health clinic, other than an office, urgent care facility, pharmacy or independent clinic that is located within a retail operation. A Retail Health Clinic provides same-day visits for basic illness and injuries or preventive services.

Usual, Customary & Reasonable (UCR)
Describes your plan’s allowed charges for services that you receive from an out-of-network provider. When the cost of out-of-network services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your out-of-pocket maximums.

Virtual visit
Visit with a Network Provider using secure internet technology such as Providence Express Care phone and video visits or Web-direct Visits.

Web-direct Visit
A consultation with Network Provider using an online questionnaire to collect information to diagnose and treat common conditions such as cold, flu, sore throat, allergies, earaches, sinus pain or UTI.

Contact us
Headquartered in Portland, our customer service professionals have been proudly serving our members since 1986.

Portland Metro Area: 503-574-7500
All other areas: 800-878-4445
TTY: 711

Have questions about your benefits and want to contact us via email? Go to our website at: www.ProvidenceHealthPlan.com/contactus

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