### HSA Qualified Plan Benefit Highlights

**On-Demand Provider Visits**
- Virtual visits to a Primary Care Provider by phone & video (ExpressCare Virtual) or by Web-direct Visits (where available)
  - Covered in full
  - Not covered
- Providence ExpressCare Retail Health Clinic
  - Covered in full
  - Not applicable
- Virtual visits to a Specialist by phone & video
  - 5%
  - Not covered

**Preventive Care**
- Periodic health exams and well-baby care
  - Covered in full
- Routine immunizations; shots
  - Covered in full
- Colonoscopy (age 50+)
  - Covered in full
- Gynecological exams (calendar year) and Pap tests
  - Covered in full
- Mammograms
  - Covered in full
- Nutritional counseling
  - Covered in full
- Tobacco cessation, counseling/classes and deterrent medications
  - Covered in full

**Physician / Provider Services**
- Office visits to Primary Care Provider
  - 20%
  - 40%
- Office visits to Alternative Care Provider (such as Naturopath)
  - 20%
  - 40%
- Office visits to Specialists/Other Providers
  - 20%
  - 40%
- Allergy shots and serums
  - 20%
  - 40%
- Infusions and injectable medications
  - 20%
  - 40%
- Surgery; anesthesia in an office or facility
  - 20%
  - 40%
- Inpatient hospital visits
  - 20%
  - 40%

**Diagnostic Services**
- X-ray, lab services, and testing services (includes ultrasound)
  - 20%
  - 40%
- High-tech imaging services (such as PET, CT or MRI)
  - 20%
  - 40%
### HSA Qualified Plan Benefit Highlights (continued)

#### Prescription Drugs
*(Up to a 30-day supply/retail and preferred retail pharmacies; 90-day supply/mail-order and preferred retail pharmacies)*

Safe Harbor drugs are exempt from the deductible, subject to the formulary and applicable tier cost share

- **ACA Preventive drugs**: Covered in full
- **Preferred generic drugs**: 20%
- **Non-preferred generic drugs**: 20%
- **Preferred brand-name drugs**: 20%
- **Non-preferred brand-name drugs**: 20%
- **Specialty drugs (specialty drugs are limited to a 30-day supply and must be obtained through a contracted specialty pharmacy)**: 50% up to $200
- **Compounded drugs (compounded drugs are limited to 30-day supply and must be obtained at a retail/preferred retail pharmacy)**: 50%

#### Emergency and Urgent Services

- **Emergency services (for emergency medical conditions only. If admitted to hospital, all services subject to inpatient benefits.)**
  - Inpatient/Observation care: 20%
  - Rehabilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.): 20%
  - Habilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.): 20%
  - Skilled nursing facility (Limited to 60 days per calendar year): 20%
  - Temporomandibular joint (TMJ) services (Inpatient and/or outpatient services combined limit of $1,000 per calendar year/$5,000 per lifetime): 50%

- **Urgent care services (for non-life threatening illness/minor injury)**
  - Emergency medical transportation (air and/or ground): 20%

- **Emergency medical transportation is covered under your in-network benefit, regardless of whether or not the provider is an in-network provider**

#### Hospital Services

- **Inpatient/Observation care**: 20%
- **Rehabilitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.)**: 20%
- **Hablitative care (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.)**: 20%
- **Skilled nursing facility (Limited to 60 days per calendar year)**
  - Inpatient hospital/facility services: 20%
  - Routine newborn nursery care: 20%

#### Outpatient Services

- **Outpatient surgery, infusion, dialysis, chemotherapy, radiation therapy (Prior authorization required for outpatient hospital-based infusions)**
  - Outpatient Surgery at an Ambulatory Surgical Center (ASC): 20%
  - Colonoscopy (non-preventive): 20%
  - Temporomandibular joint (TMJ) services (Inpatient and/or outpatient services combined limit of $1,000 per calendar year/$5,000 per lifetime): 50%
  - Outpatient rehabilitative physical therapy (Limited to 30 visits combined with OT and ST per calendar year. Limits do not apply to Mental Health Services.)
  - Outpatient rehabilitative occupational and speech therapy (Limited to 30 visits combined with PT per calendar year. Limits do not apply to Mental Health Services.)
  - Outpatient habilitative services: physical, occupational or speech therapy (Limited to 30 visits per calendar year. Limits do not apply to Mental Health Services.)

#### Maternity Services

- **Prenatal office visits**: Covered in full
- **Delivery and postnatal services**: 20%
- **Inpatient hospital/facility services**: 20%
- **Routine newborn nursery care**: 20%

#### Medical Equipment, Supplies and Devices

- **Medical equipment, appliances, prosthetics/orthotics and supplies**: 20%
- **Diabetes supplies (such as lancets, test strips and needles)**
  - Covered in full
- **Removable custom shoe orthotics (Limited to $200 per calendar year)**
  - Covered in full

#### Mental Health / Chemical Dependency

*(All services, except outpatient provider office visits, must be prior authorized. For information, please call 800-711-4577.)*

- **Inpatient and residential services**: 20%
- **Day treatment, intensive outpatient and partial hospitalization services**: 20%
- **Applied behavior analysis**: 20%
- **Outpatient provider office visits**: 20%

#### Home Health and Hospice

- **Home health care**: 20%
- **Hospice care**: Covered in full

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**HSA-359**

*Oregon - Large Group*

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Your guide to the words or phrases used to explain your benefits

**ACA Preventive drug**
Affordable Care Act (ACA) preventive drugs are medications, including contraceptives, that are listed in our formulary as such, and are covered at no cost when received from Participating Pharmacies.

**Maintenance drug**
Medications that are typically prescribed to treat long-term or chronic conditions, such as diabetes, high blood pressure and high cholesterol. Maintenance drugs are those that you have received under our plan for at least 30 days and that you anticipate continuing to use in the future.

Not all drugs are considered maintenance medications, including compounded drugs and drugs obtained from specialty pharmacies.

**Health Savings Account (HSA)**
Employee-owned bank accounts where money is deposited – by employees, employers and even family members – to be used for employees’ current and future health care expenses. Contributions can be deducted pre-tax from paychecks, and the money rolls over year to year and stays with the employee even with job changes and retirement.

**In-Network**
Refers to services received from an extensive network of highly qualified physicians, health care providers and facilities contracted by Providence Health Plan for your specific plan. Generally, your out-of-pocket costs will be less when you receive covered services from in-network providers. balance billing may apply. To find an in-network provider, go to www.ProvidenceHealthPlan.com/providerdirectory.

**Limitations and Exclusions**
All covered services are subject to the limitations and exclusions specified for your plan. Refer to your member handbook or contract for a complete list.

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**Out-of-network**
Refers to services you receive from providers not in your plan’s network. Your out-of-pocket costs are generally higher when you receive covered services outside of your plan’s network. An out-of-network provider does not have contracted rates with Providence Health Plan and so balance billing may apply. To find an in-network provider, go to www.ProvidenceHealthPlan.com/providerdirectory.

**Out-of-Pocket Maximum**
The limit on the dollar amount that an individual or family pays for covered services in a calendar year. This plan has both in-network and out-of-network dollar limits. These out-of-pocket limits accumulate separately and are not combined. Some services and expenses do not apply to the individual or family out-of-pocket maximum. See your member handbook for details.

**Preferred generic drug / Non-preferred generic drug**
Generic drugs have the same active-ingredient formula as the name-brand drug. Generic drugs are usually available after the brand-name patent expires. Generally your out-of-pocket costs will be less for Preferred generic drugs.

**Preferred brand-name drug / Non-preferred brand-name drug**
Brand name drugs are protected by U.S. patent laws and only a single manufacturer has the rights to produce and sell them. Generally your out-of-pocket costs will be less for preferred brand-name drugs.

**Prescription Drug Prior Authorization**
The process used to request an exception to the Providence Health Plan formulary. This process can be initiated by the prescriber of the medication. Some drugs require prior authorization for medical necessity, place of therapy, length of therapy, step therapy or number of doses.

**Primary Care Provider**
A qualified physician or practitioner that can provide most of your care and, when necessary, will coordinate care with other providers in a convenient and cost-effective manner.

**Prior authorization**
Some services must be pre-approved. In-network, your provider will request prior authorization. Out-of-network, you are responsible for obtaining prior authorization.

**Retail Health Clinic**
A walk-in health clinic, other than an office, urgent care facility, pharmacy or independent clinic that is located within a retail operation. A Retail Health Clinic provides same-day visits for basic illness and injuries.

**Safe Harbor Preventive drugs**
The Internal Revenue Code governing HSA-Qualified plans provides for a “safe harbor” for qualifying preventive medications, allowing these medications to be exempt from the deductible. Safe Harbor Preventive drugs do not include any medication used to treat an existing illness, injury or condition. Safe Harbor Preventive drugs are subject to formulary and tier status, as well as pharmacy management programs (i.e. prior authorization, step therapy, quantity limits).

**Usual, Customary & Reasonable (UCR)**
Describes your plan’s allowed charges for services that you receive from an out-of-network provider. When the cost of out-of-network services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your out-of-pocket maximums.

**Virtual visit**
Visit with a Network Provider using secure internet technology such as Providence Express Care phone and video visits or Web-direct Visits.

**Web-direct Visit**
A consultation with Network Provider using an online questionnaire to collect information to diagnose and treat common conditions such as cold, flu, sore throat, allergies, earaches, sinus pain or UTI.
Non-discrimination Statement

Providence Health Plan and Providence Health Assurance comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Providence Health Plan and Providence Health Assurance do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Providence Health Plan and Providence Health Assurance:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provide free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you are a Medicare member who needs these services, call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. Hearing impaired members may call our TTY line at 711.

If you believe that Providence Health Plan or Providence Health Assurance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

Providence Health Plan and Providence Health Assurance  
Attn: Non-discrimination Coordinator  
PO Box 4158  
Portland, OR 97208-4158

If you need help filing a grievance, and you are a Medicare member call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. (TTY line at 711) for assistance. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at [https://ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf), or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue SW - Room 509F HHH Building  
Washington, DC 20201  
1-800-368-1019, 1-800-537-7697 (TTY)

Language Access Information

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-878-4445 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-878-4445 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-878-4445 (TTY: 711).

注意：如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-800-878-4445 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-878-4445 (телетайп: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-878-4445 (TTY: 711) 번으로 전화해 주십시오.

УВАГА! Якщо ви говорите українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-878-4445 (телетайп: 711).

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-878-4445 (TTY: 711) まで、お電話にてご連絡ください。

ملحوظة: إذا كنت تتحدث اللغة، فإن خدمات المساعدة اللغوية تتوفر لك بالمجاني. اتصل برقم 444-878-1800.

ATENTIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-878-4445 (TTY: 711).

XYYYEEFFANAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-878-4445 (TTY: 711).


ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-878-4445 (ATS: 711).