## Your Benefit Summary
### HSA Qualified Plan – Embedded – Formulary F

<table>
<thead>
<tr>
<th>What You Pay</th>
<th>What You Pay</th>
<th>Calendar Year</th>
<th>Calendar Year</th>
<th>Calendar Year</th>
<th>Calendar Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>In-Network</td>
<td>Out-of-Network</td>
<td>In-Network</td>
<td>Out-of-Network</td>
<td>In-Network</td>
<td>Out-of-Network</td>
</tr>
<tr>
<td>Covered in full</td>
<td>coinsurance (after deductible; UCR applies)</td>
<td>$4,000 per person</td>
<td>$8,000 per family (2 or more)</td>
<td>$4,000 per person</td>
<td>$8,000 per family (2 or more)</td>
</tr>
<tr>
<td>Covered in full</td>
<td>coinsurance (after deductible; UCR applies)</td>
<td>$8,000 per family (2 or more)</td>
<td>$8,000 per family (2 or more)</td>
<td>$8,000 per family (2 or more)</td>
<td>$16,000 per family (2 or more)</td>
</tr>
</tbody>
</table>

### Important information about your plan
This summary provides only highlights of your benefits. To view your plan details, register and log in at [www.myProvidence.com](http://www.myProvidence.com).

- The embedded individual deductible applies if there are no dependents enrolled. If two or more members are enrolled, the individual deductible applies for each member only until the family deductible is met.
- The embedded individual out-of-pocket maximum applies if there are no dependents enrolled. If two or more members are enrolled, the individual out-of-pocket applies for each member only until the family out-of-pocket is met.
- Your deductible(s) are included in the out-of-pocket maximum amount(s) listed above.
- In-network and out-of-network deductibles and out-of-pocket maximums accumulate separately.
- Not Medicare Part D creditable
- To find if a drug is covered under your plan, check online at [www.ProvidenceHealthPlan.com/pharmacy](http://www.ProvidenceHealthPlan.com/pharmacy).
- If you or your provider request or prescribe a brand-name drug when a generic is available, regardless of reason, you will be responsible for the cost difference between the brand-name and generic drug in addition to the brand-name drug copayment or coinsurance indicated on the benefit summary. Your total cost, however, will never exceed the actual cost of the drug.
- Prior authorization is required for some services.
- To get the most out of your benefits, use the providers within the Providence Signature network. View a list of network providers and pharmacies at [http://phppd.providence.org](http://phppd.providence.org).
- If you choose to go outside the network, you may be subject to billing for charges that are above Usual, Customary and Reasonable charges (UCR). Benefits for out-of-network services are based on these UCR charges.
- Limitations and exclusions apply to your benefits. See your Member Handbook for details.

### HSA Qualified Plan – Embedded Benefit Highlights

<table>
<thead>
<tr>
<th>Highlights</th>
<th>In-Network Coinsurance (after deductible, when you see an in-network provider)</th>
<th>Out-of-Network Coinsurance (after deductible, when you see a non-network provider)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No deductible needs to be met prior to receiving this benefit.</td>
<td>Covered in full</td>
<td>Not covered</td>
</tr>
<tr>
<td>On-Demand Provider Visits</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Virtual visits to a Primary Care Provider by phone &amp; video (ExpressCare Virtual) or by Web-direct Visits (where available)</td>
<td>Covered in full</td>
<td>Not applicable</td>
</tr>
<tr>
<td>Providence ExpressCare Retail Health Clinic</td>
<td>Covered in full</td>
<td>Not applicable</td>
</tr>
<tr>
<td>Virtual visits to a Specialist by phone &amp; video</td>
<td>Covered in full</td>
<td>Not applicable</td>
</tr>
<tr>
<td>Preventive Care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Periodic health exams and well-baby care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Routine immunizations; shots</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Colonoscopy (age 50 +)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Gynecological exam (calendar year) and PAP test</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Mammograms</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Nutritional counseling</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Tobacco cessation, counseling/classes and deterrent medications</td>
<td>Covered in full</td>
<td>Not covered</td>
</tr>
<tr>
<td>Physician / Provider Services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Office visits to Primary Care Provider</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Office visits to Alternative Care Provider (such as Naturopath) (Chiropractic manipulation &amp; acupuncture services are covered only if a separate benefit has been purchased by your employer. Consult your member materials for these benefits.)</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Office visits to Specialists/Other Providers</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Allergy shots and serums</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Infusions and injectable medications</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Surgery; anesthesia in an office or facility</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>Inpatient hospital visits</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
</tbody>
</table>
## HSA Qualified Plan – Embedded Benefit Highlights (continued)

### Diagnostic Services
- **X-ray, lab services, and testing services** (includes ultrasound) | In-Network: Covered in full | Out-of-Network: Covered in full
- **High-tech imaging services** (such as PET, CT or MRI) | In-Network: Covered in full | Out-of-Network: Covered in full

### Prescription Drugs (Up to a 30-day supply/retail and preferred retail pharmacies; 90-day supply/mail-order and preferred retail pharmacies)
Safe Harbor drugs are exempt from the deductible, subject to the formulary and applicable tier cost share
- **ACA Preventive drugs** | Covered in full
- **Preferred generic drugs** | Covered in full
- **Non-preferred generic drugs** | Covered in full
- **Preferred brand-name drugs** | Covered in full
- **Non-preferred brand-name drugs** | Covered in full
- **Specialty drugs** (specialty drugs are limited to a 30-day supply and must be obtained through a contracted specialty pharmacy) | Covered in full
- **Compounded drugs** (compounded drugs are limited to 30-day supply and must be obtained at a retail/preferred retail pharmacy) | Covered in full

### Emergency and Urgent Services
- **Emergency services (for emergency medical conditions only. If admitted to hospital, all services subject to inpatient benefits.)** | Covered in full
- **Urgent care services (for non-life threatening illness/minor injury)** | Covered in full
- **Emergency medical transportation (air and/or ground)** (Emergency medical transportation is covered under your in-network benefit, regardless of whether or not the provider is an in-network provider) | Covered in full

### Hospital Services
- **Inpatient/Observation care** | Covered in full
- **Rehabilitative care** (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.) | Covered in full
- **Habiltative care** (Limited to 30 days per calendar year. Limits do not apply to Mental Health Services.) | Covered in full
- **Skilled nursing facility** (Limited to 60 days per calendar year) | Covered in full
- **Temporomandibular joint (TMJ) services** (Inpatient and/or outpatient services combined limit of $1,000 per calendar year/$5,000 per lifetime) | Covered in full

### Outpatient Services
- **Outpatient surgery, infusion, dialysis, chemotherapy, radiation therapy** (Prior authorization required for outpatient hospital-based infusions) | Covered in full
- **Outpatient Surgery at an Ambulatory Surgical Center (ASC)** | Covered in full
- **Colonoscopy (Non-preventive) at a Hospital-based facility** | Covered in full
- **Colonoscopy (Non-preventive) at an Ambulatory Surgical Center (ASC)** | Covered in full
- **Temporomandibular joint (TMJ) services** (Inpatient and/or outpatient services combined limit of $1,000 per calendar year/$5,000 per lifetime) | Covered in full
- **Outpatient rehabilitative services: physical, occupational, and speech therapy** (Limited to 30 visits per calendar year. Limits do not apply to Mental Health Services) | Covered in full
- **Outpatient habilitative services: physical, occupational and speech therapy** (Limited to 30 visits per calendar year. Limits do not apply to Mental Health Services.) | Covered in full
- **Cardiac rehabilitation** | Covered in full

### Maternity Services
- **Prenatal office visits** | Covered in full
- **Delivery and postnatal services** | Covered in full
- **Inpatient hospital/facility services** | Covered in full
- **Routine newborn nursery care** | Covered in full

### Medical Equipment, Supplies and Devices
- **Medical equipment, appliances, prosthetics/orthotics and supplies** (Hearing aids limited to 1 per ear every 3 calendar years) | Covered in full
- **Diabetes supplies** (such as lancets, test strips and needles) | Covered in full
- **Removable custom shoe orthotics** (Limited to $200 per calendar year) | Covered in full
- **Oral Sleep Apnea Appliance** (Out-of-Network limited to $2,000 per calendar year) | Covered in full
<table>
<thead>
<tr>
<th>Benefit Category</th>
<th>In-Network Coinsurance</th>
<th>Out-of-Network Coinsurance</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mental Health / Chemical Dependency</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Inpatient and residential services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>- Day treatment, intensive outpatient and partial hospitalization services</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>- Applied behavior analysis</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>- Outpatient provider office visits</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td><strong>Home Health and Hospice</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Home health care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td>- Hospice care</td>
<td>Covered in full</td>
<td>Covered in full</td>
</tr>
<tr>
<td><strong>Routine Vision Exam</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Provided by VSP</td>
<td></td>
<td></td>
</tr>
<tr>
<td>VSP Choice Network (for Customer Service call 800-877-7195)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Your copays do not apply to your plan’s medical out-of-pocket maximums</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Pediatric WellVision Exam® (under age 19) - Every 12 months</td>
<td>Covered in full</td>
<td>Covered up to $45</td>
</tr>
<tr>
<td>- Adult WellVision Exam® - Every 12 months</td>
<td>$10</td>
<td>Covered up to $45</td>
</tr>
</tbody>
</table>
Your guide to the words or phrases used to explain your benefits

ACA Preventive drug
Affordable Care Act (ACA) preventive drugs are medications, including contraceptives, that are listed in our formulary as such, and are covered at no cost when received from Participating Pharmacies. Over-the-counter preventive drugs received from Participating Pharmacies require a written prescription from your Qualified Provider to be covered in full under this benefit.

Compound Drug
Compounded medications are prescriptions that are custom prepared by your pharmacist and must contain at least one FDA-approved drug to be eligible for coverage. Claims are subject to clinical review for medical necessity and are not guaranteed for payment.

Copay
The fixed dollar amount you pay to a health care provider for a covered service at the time care is provided.

Deductible
The dollar amount an individual or family pays for covered services before your plan pays any benefits within a calendar year. Your plan has both in-network and an out-of-network deductibles. These deductibles accumulate separately and are not combined. The following expenses do not apply to an individual or family deductible:
- Services not covered by your plan
- Fees that exceed usual, customary and reasonable (UCR) charges as established by your plan
- Penalties incurred if you do not follow your plan’s prior authorization requirements
- Copays and coinsurance for services that do not apply to the deductible

Formulary
A formulary is a list of FDA-approved prescription drugs developed by physicians and pharmacists, designed to offer drug treatment choices for covered medical conditions. The Providence Health Plan formulary includes both brand-name and generic medications.

Maintenance drug
Medications that are typically prescribed to treat long-term or chronic conditions, such as diabetes, high blood pressure and high cholesterol. Maintenance drugs are those that you have received under our plan for at least 30 days and that you anticipate continuing to use in the future. Not all drugs are considered maintenance prescriptions, including compounded drugs and drugs obtained from specialty pharmacies.

Health Savings Account (HSA)
Employee-owned bank accounts where money is deposited – by employees, employers and even family members – to be used for employees’ current and future health care expenses. Contributions can be deducted pre-tax from paychecks, and the money rolls over year to year and stays with the employee even with job changes and retirement.

In-Network
Refers to services received from an extensive network of highly qualified physicians, health care providers and facilities contracted by Providence Health Plan for your specific plan. Generally, your out-of-pocket costs will be less when you receive covered services from in-network providers. This can be initiated by the prescriber of the medication. Some drugs require prior authorization for medical necessity, place of therapy, length of therapy, step therapy or number of doses.

Primary Care Provider
A qualified physician or practitioner that can provide most of your care and, when necessary, will coordinate care with other providers in a convenient and cost-effective manner.

Prior authorization
Some services must be pre-approved. In-network, your provider will request prior authorization. Out-of-network, you are responsible for obtaining prior authorization.

Retail Health Clinic
A walk-in health clinic, other than an office, urgent care facility, pharmacy or independent clinic that is located within a retail operation. A Retail Health Clinic provides same-day visits for basic illness and injuries.

Safe Harbor Preventive drugs
The Internal Revenue Code governing HSA-Qualified plans provides for a “safe harbor” for qualifying preventive medications, allowing these medications to be exempt from the deductible. Safe Harbor Preventive drugs do not include any medication used to treat an existing illness, injury or condition. Safe Harbor Preventive drugs are subject to formulary and tier status, as well as pharmacy management programs (i.e. prior authorization, step therapy, quantity limits).

Usual, Customary & Reasonable (UCR)
Describes your plan’s allowed charges for services that you receive from an out-of-network provider. When the cost of out-of-network services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your out-of-pocket maximum.

Virtual visit
Visit with a Network Provider using secure internet technology such as Providence Express Care phone and video visits or Web-direct Visits.

Web-direct Visit
A consultation with Network Provider using an online questionnaire to collect information to diagnose and treat common conditions such as cold, flu, sore throat, allergies, earaches, sinus pain or UTI.

Contact us
Headquartered in Portland, our customer service professionals have been proudly serving our members since 1986.

Portland Metro Area: 503-574-7500
All other areas: 800-878-4445
TTY: 503-574-8702 or 888-244-6642

Have questions about your benefits and want to contact us via e-mail? Go to our Web site at: www.ProvidenceHealthPlan.com/contactus

Out-of-Pocket Maximum
The limit on the dollar amount that an individual or family pays for specified covered services in a calendar year. This plan has both in-network and out-of-network out-of-pocket maximums. These out-of-pocket maximums accumulate separately and are not combined. Some services and expenses do not apply to the individual or family out-of-pocket maximum. See your member handbook for details.

Preferred generic drug / Non-preferred generic drug
Generic drugs have the same active-ingredient formula as the brand-name drug. Generic drugs are usually available after the brand-name patent expires. Generally your out-of-pocket costs will be less for Preferred generic drugs.

Preferred brand-name drug / Non-preferred brand-name drug
Brand name drugs are protected by U.S. patent laws and only a single manufacturer has the rights to produce and sell them. Generally your out-of-pocket costs will be less for preferred brand-name drugs.

Prescription Drug Prior Authorization
The process used to request an exception to the Providence Health Plan drug formulary. This process can be initiated by the prescriber of the medication. Some drugs require prior authorization for medical necessity, place of therapy, length of therapy, step therapy or number of doses.

Over-the-counter preventive drugs received from Participating Pharmacies require a written prescription from your Qualified Provider to be covered in full under this benefit.
**Non-discrimination Statement**

Providence Health Plan and Providence Health Assurance comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Providence Health Plan and Providence Health Assurance do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Providence Health Plan and Providence Health Assurance:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provide free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you are a Medicare member who needs these services, call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. Hearing impaired members may call our TTY line at 711.

If you believe that Providence Health Plan or Providence Health Assurance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

Providence Health Plan and Providence Health Assurance  
Attn: Non-discrimination Coordinator  
PO Box 4158  
Portland, OR 97208-4158

If you need help filing a grievance, and you are a Medicare member call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. (TTY line at 711) for assistance. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at [https://ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf), or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue SW - Room 509F HHH Building  
Washington, DC 20201  
1-800-368-1019, 1-800-537-7697 (TTY)

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-878-4445 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-878-4445 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-878-4445 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-878-4445 (TTY: 711).


주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-878-4445 (TTY: 711)으로 전화해 주십시오.

ВНИМАНИЕ: Если вы говорите на русском языке, вам доступны бесплатные услуги перевода. Звоните 1-800-878-4445 (телетайп: 711).

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-878-4445 (TTY: 711) まで、お電話にてご連絡ください。

주의사항: Japanese Language를 사용하시는 경우, 도움을 필요로 하실 경우에, 무료로 도와드리는 사항이 있습니다. 1-800-878-4445 (TTY: 711)로 로커우하여 주십시오.

УВАГА! Якщо ви говорите українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-878-4445 (телетайп: 711).

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