

# Your Benefit Summary

## Core Advantages Plan



| Copay     | What You Pay In-Plan | What You Pay Out-of-Plan | Calendar Year Common Coinsurance Maximum (after deductible) | Calendar Year Common Deductible                      |
|-----------|----------------------|--------------------------|---|--|
| \$25/\$35 | 30%                  | 50%                      | \$5,000 per person<br>\$15,000 per family (3 or more)       | \$3,000 per person<br>\$9,000 per family (3 or more) |

### Important information about your plan

This summary provides only highlights of your benefits. To view all your plan details, including your Member Handbook, register for myProvidence at [www.ProvidenceHealthPlan.com/getstarted](http://www.ProvidenceHealthPlan.com/getstarted).

- Not sure what a word or phrase means? See the back for the definitions used in this summary.
- This plan offers deductible carryover. This means any portion of your deductible(s) that you pay during the fourth quarter of the calendar year will be applied toward next year's deductible(s).
- A pre-existing condition exclusion applies to this plan. This exclusion does not apply to members who are under the age of 19. See the back for more information.
- Your deductibles, copayments, some services and penalties do not apply to coinsurance maximums.
- Benefits for out-of-plan services are based on Usual, Customary & Reasonable charges (UCR).
- Limitations and exclusions apply to your benefits. See your Member Handbook for details.

| Core Advantages Plan Benefit Highlights   | After you pay your calendar year common deductible, then you pay the following for covered services: |  |
|---|--|--|
|   | In-Plan Copay or Coinsurance (when you use a participating provider)                                 | Out-of-Plan Copay or Coinsurance (when you use a non-participating provider) |
| ✓ No deductible needs to be met prior to receiving this benefit.  |  |  |
| <b>Physician / Provider Services</b>  |  |  |
| • Periodic health exams; well-baby care (from a Personal Physician/Provider only)   | Covered in full✓   | 50%✓   |
| • Routine immunizations; shots  | Covered in full✓   | 50%  |
| • Office visits to Personal Physician/Provider  | \$25 / visit✓  | 50%✓   |
| • Office visits to specialist   | \$35 / visit✓  | 50%✓   |
| • Maternity services; pre- and postnatal visits, delivery   | 30%  | 50%  |
| • Allergy shots; serums; injectable medications   | 30%  | 50%  |
| • Inpatient hospital visits   | 30%  | 50%  |
| • Surgery; anesthesia   | 30%  | 50%  |
| <b>Women's Health Services</b>  |  |  |
| • Gynecological exams (calendar year); Pap tests  | Covered in full✓   | 50%✓   |
| • Mammograms  | Covered in full✓   | 50%  |
| <b>Hospital Services</b>  |  |  |
| • Inpatient care  | 30%  | 50%  |
| • Observation care  | 30%  | 50%  |
| • Maternity care  | 30%  | 50%  |
| • Routine newborn nursery care  | 30%  | 50%  |
| • Rehabilitative care (30 days per calendar year)   | 30%  | 50%  |
| • Skilled nursing facility (60 days per calendar year)  | 30%  | 50%  |
| <b>Outpatient Diagnostic Services</b>   |  |  |
| • X-ray; lab services<br>(Deductible is waived for the first \$500 of in-plan services in a calendar year)  | 30%  | 50%  |
| • Imaging services (such as PET, CT, MRI)   | 30%  | 50%  |
| <b>Medical and Diabetes Supplies, Durable Medical Equipment, Appliances, Prosthetic and Orthotic Devices</b><br>(Removable custom shoe orthotics are limited to \$200 per calendar year; deductible waived) | 30%*   | 50%  |
| <b>Emergency / Urgent Care / Emergency Medical Transportation</b>   |  |  |
| • Emergency services (for emergency medical conditions only. If admitted to hospital, copayment is not applied; all services subject to inpatient benefits.)  | \$250  | \$250  |
| • Urgent care services (for non-life threatening illness/minor injury)  | \$35 / visit✓  | 50%  |
| • Emergency medical transportation  | 30%  | 30%  |

\*Your deductible(s) do not apply to purchases of diabetes supplies.

| Core Advantages Plan Benefit Highlights (continued)  | In-Plan Copay or Coinsurance   | Out-of-Plan Copay or Coinsurance  |
|--|--|---|
| <b>Other Covered Services</b>  |  |   |
| <ul style="list-style-type: none"> <li>• Outpatient rehabilitative services (30 visits per calendar year)</li> <li>• Outpatient surgery, dialysis, infusion, chemotherapy, radiation therapy</li> <li>• Temporomandibular joint (TMJ) service (limited to \$1,000 per calendar year / \$5,000 per lifetime)</li> <li>• Home health care</li> <li>• Hospice care</li> <li>• Tobacco use cessation; counseling/classes and deterrent medications</li> <li>• Self-administered chemotherapy (Up to a 30-day supply from a designated participating pharmacy) <ul style="list-style-type: none"> <li>-Generic drugs</li> <li>-Formulary brand-name drugs</li> <li>-Non-formulary brand-name drugs</li> </ul> </li> </ul> | 30%<br>30%<br>50%<br>30%<br>Covered in full✓<br>Covered in full✓<br>\$10✓<br>\$50✓<br>\$100✓ | 50%<br>50%<br>Not covered<br>50%<br>Covered in full✓<br>Not covered<br>Not covered<br>Not covered |
| <b>Mental Health / Chemical Dependency</b>   |  |   |
| (To initiate services, you must call 1-800-711-4577. All inpatient, residential and day or partial hospitalization treatment services must be prior authorized.)   |  |   |
| <ul style="list-style-type: none"> <li>• Inpatient and day treatment services</li> <li>• Residential services (limited to 60 days per calendar year)</li> <li>• Outpatient provider visits</li> </ul>  | 30%<br>30%<br>\$25 / visit✓  | 50%<br>50%<br>50%✓  |

## Your guide to the words or phrases used to explain your benefits

### Coinsurance

The percentage of the cost that you may need to pay for a covered service.

### Common coinsurance maximum

The limit on the coinsurance you will have to spend for specified covered health services (a combination of both in and out-of-plan services) in a calendar year. Copayments, some services and expenses do not apply to the common coinsurance maximum. See your Member Handbook for details.

### Common deductible

The dollar amount that an individual or family pays for covered services before your plan pays any benefits within a calendar year. The deductible can be met by using in-plan or out-of-plan providers, or the combination of both. The following expenses do not apply to an individual or family deductible:

- Services not covered by your plan
- Fees that exceed usual, customary and reasonable (UCR) charges as established by your plan
- Penalties incurred if you do not follow your plan's prior authorization requirements
- Copays or coinsurance for any supplemental benefits provided by your employer, such as prescription drugs, or routine vision care

### Copay

The fixed dollar amount you pay to a health care provider for a covered service at the time care is provided.

### Deductible carryover

A feature of your plan that allows for any portion of your deductible that is paid during the fourth quarter of a calendar year to be applied toward the next year's deductible.

### Formulary

A list of preferred brand-name and generic drugs that have been evaluated by us for effectiveness and safety.

### In-plan benefit

The in-plan benefit is an extensive network of highly qualified physicians and health care providers, also known as participating providers, available to you by your plan. Generally, your out-of-pocket costs will be less when you receive covered services from participating providers. To find a participating provider, go to [www.ProvidenceHealthPlan.com/providerdirectory](http://www.ProvidenceHealthPlan.com/providerdirectory).

### Non-participating provider

Any health care professional who does not participate in Providence Health Plan's network of participating physicians and providers of health care services.

### Out-of-plan

Refers to services you receive from a non-participating provider. Your out-of-pocket costs are generally higher when you receive covered services from non-participating providers. To find a participating provider, go to [www.ProvidenceHealthPlan.com/providerdirectory](http://www.ProvidenceHealthPlan.com/providerdirectory).

### Participating provider

A physician or provider of health care services who belongs to the Providence Health Plan participating provider network. To find a participating provider, refer to the directory available at [www.ProvidenceHealthPlan.com/providerdirectory](http://www.ProvidenceHealthPlan.com/providerdirectory).

### Pre-existing condition exclusion

A pre-existing condition is any medical condition for which medical advice, diagnosis, care or treatment was recommended or received within six months prior to your enrollment date. Coverage for pre-existing conditions is excluded for a period of six months following your enrollment date. This exclusion period can be reduced by qualifying Creditable Coverage. The pre-existing condition exclusion does not apply to members who are under the age of 19. See your Member Handbook for details.

### Prior authorization

Some services must be pre-approved. In-Plan, your provider will request prior authorization. Out-of-Plan, you are responsible for obtaining prior authorization.

### Self-administered chemotherapy

Oral, topical or self-injectable medications that are used to stop or slow the growth of cancerous cells.

### Usual, Customary & Reasonable (UCR)

Describes your plan's allowed charges for services that you receive from an out-of-plan provider. When the cost of out-of-plan services exceeds UCR amounts, you are responsible for paying the provider any difference. These amounts do not apply to your out-of-pocket maximums.

## Contact us

Headquartered in Portland, our customer service professionals have been proudly serving our members since 1986.



Portland Metro Area: **503-574-7500**  
 All other areas: **800-878-4445**  
 TTY: **503-574-8702 or 888-244-6642**



Have questions about your benefits and want to contact us via e-mail? Go to our Web site at:  
[www.ProvidenceHealthPlan.com/contactus](http://www.ProvidenceHealthPlan.com/contactus)